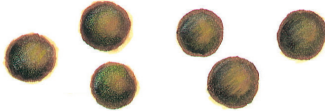




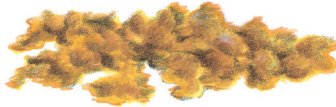



THE BRISTOL STOOL FORM SCALE (for children)

choose your

POO!

type 1		<p>looks like:</p> <p>rabbit droppings</p> <p>Separate hard lumps, like nuts (hard to pass)</p>
type 2		<p>looks like:</p> <p>bunch of grapes</p> <p>Sausage-shaped but lumpy</p>
type 3		<p>looks like:</p> <p>corn on cob</p> <p>Like a sausage but with cracks on its surface</p>
type 4		<p>looks like:</p> <p>sausage</p> <p>Like a sausage or snake, smooth and soft</p>
type 5		<p>looks like:</p> <p>chicken nuggets</p> <p>Soft blobs with clear-cut edges (passed easily)</p>
type 6		<p>looks like:</p> <p>porridge</p> <p>Fluffy pieces with ragged edges, a mushy stool</p>
type 7		<p>looks like:</p> <p>gravy</p> <p>Watery, no solid pieces ENTIRELY LIQUID</p>